



COIN DU CURÉ / PASTOR'S CORNER

4th Sunday in Ordinary Time
4e dimanche du temps ordinaire

Gospel Reading - Mark 1:21-28

Jesus heals a man with an unclean spirit and his fame spreads throughout Galilee.

Today's Gospel describes what some believe was likely to have been a typical day in Jesus' ministry. Jesus and the disciples arrive at Capernaum, a small village on the Sea of Galilee. Jesus teaches in the synagogue on the Sabbath. After Jesus' preaching, a man possessed with an unclean spirit calls out to Jesus.

The spirits and demons seem to know Jesus and are often fearful of him. In fact, they seem to understand Jesus' identity better than his disciples. Jesus orders the spirit to be quiet and drives the unclean spirit out of the man. Jesus' ability to heal those possessed by demons is an indication of his power over evil.

The crowds see in Jesus' cure of the possessed man further affirmation of his authority. Jesus' power to heal gives greater credence to his teaching. Jesus impresses the crowds through his words, which are manifested with power in his deeds.



Family Connection

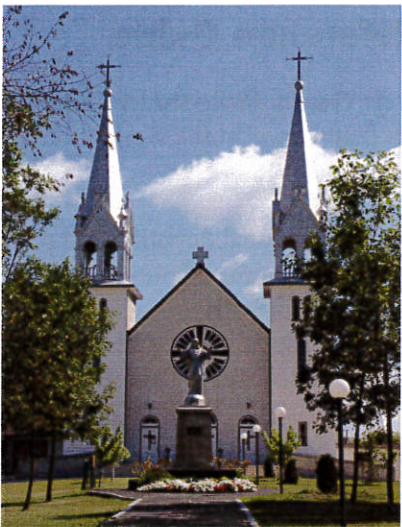
The people who heard Jesus teach and saw him heal in today's Gospel were astonished and amazed by the authority of his teaching. So compelling were Jesus' words and actions that the news about him could not be contained; it spread quickly throughout all of Galilee. Two thousand years later, the news about Jesus continues to spread.

Gather as a family and try to name some amazing things, events, or people. What did the people who saw and heard Jesus find so amazing? In Jesus, the people heard and saw the power and authority of God at work. People should see in our lives the power and authority of God at work. Can you name any modern examples of people in whom you have seen the power and authority of God at work?

Veuillez faire parvenir vos annonces par courriel à la Paroisse parsmalo@mymts.net, ou encore, les déposer par écrit au bureau de la Paroisse. Merci!

Please send your announcements by email to parsmalo@mymts.net or drop them off in writing at the Parish Office. Thank you!

Please Note: our parish bulletin can be found at <https://parstmalo.weebly.com>



Le dimanche 31 janvier, 2021
Sunday, January 31, 2021

4th Sunday in Ordinary Time
4^e dimanche du temps ordinaire

PAROISSE SAINT- MALO
BLESSED MARGARET CATHOLIC COMMUNITY

Heures de bureau/ Office hours:
9h30 à 3h30 mardi au jeudi / 9:30 a.m. to 3:30 p.m. Tuesday to Thursday

Curé / Pastor: Dominic La Fleur
Secrétaire / Secretary: Denise Leclerc
Aide pastorale / Pastoral Aid: Bénévole
Nettoyage / Housekeeping: Annette Buczko

Courriel/Email: parsmalo@mymts.net
Téléphone/Telephone: 204-347-5518
Facebook
Website: www.parstmalo.weebly.com

Monday/lundi (February 01 février)	Pas de messe / No Mass
Tuesday/mardi (February 02 février)	Ronald Remillard / Friends and Family
Wednesday/mercredi (February 03 février)	Annette Charette Fontaine / Parishioners
Thursday/jeudi (February 04 février)	Pierre Marcotte / Friends and Family Rosary and Divine Mercy Chaplet
Friday/vendredi (February 05 février)	Roger Maynard / Friends and Family
Saturday/samedi (February 06 février)	Pas de messe / No Mass
Sunday/dimanche (February 07 février)	Gabriel Catellier / Friends and Family



COME, LET US SING FOR JOY
TO THE LORD:
LET US SHOUT ALOUD TO THE
ROCK OF OUR SALVATION.
LET US COME BEFORE HIM
WITH THANKSGIVING
AND EXTOL HIM WITH
MUSIC AND SONG.

NIV

PSALM 95: 1-2

The Most Beloved Psalms

The Book of Psalms is one of the most beloved books of the Bible and for good reason! The Psalms offer comfort in times of despair, strength in trials, and celebration in times of triumph. Jesus Himself quoted the Psalms when he spoke his last words on the Cross, saying, "Father, into Your hands I commend my spirit" (Luke 23:46; Psalm 31:5).

The Psalms are perfect prayers, inspired by the Holy Spirit. They deal with every aspect of life. They understand the pain of broken relationships, abandonment, grief, and sorrow. They also lift us up when we feel down and cheer us with real joy. Psalm 51 (For repentance), Psalm 23 (For trust in God), Psalm 103 (For God's mercy), Psalm 116 (For thanksgiving).

The Psalms make up the longest book of the Bible and are comprised of songs, prayers, and poetry in devotion to God. King David is attributed with writing 75 of the 150 Psalms. The remaining Psalms are attributed to various other authors including King Solomon and Moses, with about 50 of the Psalms not being attributed to any particular author.

The key word in the Book of Psalms is Hallelujah, that is, Praise the Lord. This phrase has become a Christian cliché, but it is one that should cause a swelling of great emotion in the soul. Hallelujah, praise the Lord!

Offering – Thank you

January 24, 2021 - \$ 490.00

Parish Fundraiser - \$ 25.00

Quêtes - Merci

le 24 janvier, 2021 - 490.00 \$

Prélèvement – Paroisse – 25.00 \$

Psalm Reference Guide

1. **Psalms: Marveling at God's Majesty in Creation**
These are three psalms that marvel at the wonder of God's creation. (Psalms 8, 19, and 139)
2. **Psalms: Thirsting for God**
These psalms are models of personal devotion and prayer to God from a hungry heart. (Psalms 27, 42-43, 63)
3. **Psalms: Choosing the Right Path**
A theme of several psalms is the blessing of a life well lived and righteous living. These are Wisdom Psalms with similarities to Proverbs and Ecclesiastes. (Psalms 1, 15, 133)
4. **Psalms: Offering High Praises to God**
These psalms shout the praises of God to the highest heavens. (Psalms 95, 98, 150)
5. **Psalms: Crying Out for Rescue**
Many of the psalms come out of times of great distress and trouble. They are cries for help, for salvation, for rescue. When we are tested, we come to know and rely on God in ways that we can't experience when all is going well. (Psalms 40, 69, 80)
6. **Psalms: Trusting in God's Protection**
When trouble is all around we can either panic or find strength in faith. In these psalms the writer sees God as his ultimate Protector. (Psalms 61, 91, 121)
7. **Psalms: Resting in God's Care**
These are psalms of abiding, resting in God even though the storms of life are raging outside this quiet place. (Psalms 16, 23, 131, 3, 31, 46)
8. **Psalms: Exulting in God**
Life is difficult during the trial, but even during the test there is a place for praise and exultation in the God who has saved us. These are psalms of confidence. (Psalms 57, 96, 126, 24)
9. **Psalms: Rejoicing in God's Character**
One of the joys of the believer is to revel in the strong, solid character of our unchanging Father. These psalms explore the nature and attributes of our God. (Psalms 103, 145, 117)
10. **Psalms: Looking Forward to the Messiah**
An expectancy of God's deliverance through the coming Messiah is interwoven through a number of psalms. These psalms in particular find their ultimate fulfillment in Christ Jesus our Savior. (Psalms 2, 110, 22)
11. **Psalms: Finding Forgiveness and Restoration**
These psalms deal with repentance and God's forgiveness and restoration. (Psalms 32, 51)
12. **Psalms: Giving Thanks to Our Faithful God**
There is a joy to be found in thanksgiving, offering songs of appreciation to our God who stands by us without wavering. (Psalms 100, 107, 118, 34)

Évangile selon saint Marc 1, 21-28

Jésus vient d'appeler ses premiers disciples à le suivre et il commence à prêcher aux foules. À cette époque, il n'était pas hors du commun de voir et d'écouter des prêcheurs dans les rues ainsi que des maîtres qui enseignaient à un groupe de disciples. Cependant, tous étaient frappés par l'enseignement de Jésus, parce que celui-ci prêchait «un enseignement nouveau, donné avec autorité», «et non pas comme les scribes», c'est-à-dire qu'il parlait avec conviction et authenticité : il vivait et il agissait selon ce qu'il proclamait. Les scribes, eux, prononçaient beaucoup de belles paroles et de beaux discours mais ils ne vivaient pas ensuite ce qu'ils demandaient aux autres de vivre.

Combien de personnes se sont-elles éloignées de la foi à cause du mauvais témoignage de personnes qui se disaient croyantes ? Combien de personnes vont-elles à la messe le dimanche et se disent bons catholiques mais ensuite ne témoignent pas de leur foi dans leurs actions quotidiennes et dans leurs relations avec les autres.

N'ayons pas peur d'être dans ce monde des signes de contradiction, des lumières qui brillent dans les ténèbres, de vrais témoins de l'amour, dans un monde si souvent empli de haine et d'indifférence.

Dialogue avec le Christ

Seigneur, j'ai souvent du mal à vivre ma foi de façon cohérente et sincère. Le monde dans lequel je vis cherche à me tirer sans cesse de l'autre côté, à penser constamment à moi-même, à mon plaisir, mes satisfactions, mon propre bonheur. Aide-moi à ne pas avoir peur de vivre l'Évangile de façon radicale ; à aimer mon prochain comme toi tu nous as aimés

Stewardship - "Brothers and sisters: I should like you to be free of anxieties." - 1st Corinthians 7:32

How much anxiety do we bring upon ourselves by constantly worrying about not having enough or attaining more things? God won't necessarily give you everything you want, but He will provide everything you need. Try this, use the word "pray" instead of the word "worry" in the future. Stewards pray for things instead of worrying about them.

*Seigneur Jésus,
tu expulses l'esprit mauvais
de la Synagogue de Capharnaüm,
et tu annonces ainsi ta victoire
sur le mal et la mort...*

*Toi, Seigneur Jésus,
qui t'es soumis jusqu'à la mort
et la mort sur la Croix,
laissant à tes bourreaux
une apparente victoire,
Dieu t'a exalté et glorifié,
Il t'a donné le NOM au-dessus de tout nom...*

*Qu'au NOM de JÉSUS
tout genou fléchisse
au ciel, sur terre et aux enfers...
et que toute langue proclame
que tu es Seigneur à la gloire du Père...*

*Nous sommes souvent à l'Heure des ténèbres...
Donne-nous alors de nous réfugier
dans l'invocation de ton saint NOM
par lequel tu nous donnes autorité sur le mal,*

*TOI qui ne permets pas
que nous soyons anéantis
mais qui nous rends libres
et vainqueurs de tout mal..*

*Nous qui t'aimons, JÉSUS
nous te demandons d'être toujours avec nous
comme tu l'as promis...*

(D'après EPHATA)

Intendance - Frères et sœurs: J'aimerais vous voir libres de tout souci.
1 Corinthiens 7.32

Nous pouvons nous créer tellement d'anxiété lorsque nous nous inquiétons constamment de ne pas avoir assez ou que nous cherchons à en avoir plus. Dieu ne vous accordera pas nécessairement tout ce dont vous aimeriez avoir, mais Il subviendra à tous vos besoins. Essayez d'utiliser le mot «prière» au lieu du mot «inquiétude» dans l'avenir. Les intendants prient pour ce dont ils ont besoin au lieu de s'inquiéter pour leurs besoins.

